



Transforming Life is a six week course for groups written by the Bishops of the diocese. It helps explore the second strand of the Living God's Love journey - *Transforming Communities*.

The course is based on the Old Testament lectionary principal Sunday readings for Lent 1 through to Palm Sunday..

#### Themes and Readings

1. *Transforming Promise* (Genesis 9.8-17 – Noah and the Rainbow)
2. *Transforming Call* (Genesis 17.1-7, 15-16 – Abraham and the new Name)
3. *Transforming Rule* (Exodus 20.1-17 – Moses and the Commandments)
4. *Transforming Gift* (Numbers 21.4-9 – the People and the Snake)
5. *Transforming Hope* (Jeremiah 31.31-34 – Me and my Heart)
6. *Transforming Faith* (Isaiah 50.4-9a – God and my Life)

The Lent Course will form part of a wider Lent initiative under the heading Transforming Life. This will include an opportunity for individuals to receive daily suggestions for reflection, prayer and action. See [www.livethechallenge.co.uk](http://www.livethechallenge.co.uk) for more information.

In our benefice, the course will be run in small groups of 8-12 people, meeting in homes around the benefice. Our groups will meet:

- on Tuesday evenings in Hunsdon,
- Wednesday evenings in Widford and Hunsdon
- Thursday afternoons in Hunsdon

If you would like to join in, please [contact the Rector](#) for details of addresses and times to suit.